



Remember

Listen



Listen with your heart, not your head

Individual



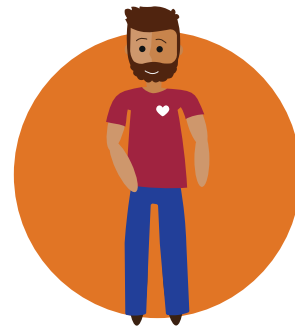
Remember, each child is an individual

Go First



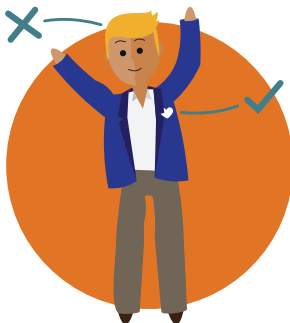
You are the adult, go first
Don't be afraid to say "I remember feeling sad when..."

Patient



Don't force a child to talk

Emotional



Grief is emotional, not intellectual.

Never say



Never say "Don't feel sad"
or "Don't feel scared"

www.griefuk.org

